

Lou Mansolillo

From: Bud Smith <budsdiablo3@gmail.com>
Sent: Thursday, March 14, 2024 3:22 PM
To: House Corporations Committee
Subject: I support HB7231 and the kratom consumer protection act.

Hello,

My name is Bud. I'll start with I had a child hood that most people wouldn't have survived. I received various forms of abuse. It left me not able to handle the trauma I endured. At 13 years old I started stealing pills. My father was given 500 extra pain pills every month, so what I was stealing wasn't even noticed. At 13 my mom got sick and had brain surgery. Things weren't the same for me or for my house. She passed at 15. After 15 I started heavily using drugs of various kinds. I spent 17 years total doing drugs in excess amounts. If you can name a drug I've had binges and been addicted to it. Ive done them all. I also would like to mention that I spent a decade trying to get help from doctors. I tried over 200 perscriptions. I was diagnosed with ptsd anxiety depression and ocd. Those 200 perscriptions i tried never worked in fact I spent about 5 years taking perscriptions and waking up every morning feeling like I wanted to kill myself. The worst of my drug addictions wasn't illegal drugs. It was perscription xanax. Normal people who are perscribed xanax are at absolute most perscribed 2mg xanax per day. I was perscribed 8mg of xanax per day for over a year. Then because the xanax wasn't helping me through out the day I smoked pot. Because I smoked pot and told the doctor he cut me off from xanax, no taper, no alternative to use to get off xanax. There are two drugs that you can die from the withdrawals xanax and alcohol. Both of which I've had experience withdrawaling from. My xanax withdrawals lasted 110 days with absolutely no help. I went to the ER 3x a week bc I thought I was dying. I used kratom responsibility 6 years ago. I've been clean off everything for 6 years. This includes alcohol, drugs, perscriptions. I still take kratom responsibly after 6 years. Every single month I take between 8 and 15 day break from kratom. I have absolutely 0 withdrawals from kratom. Kratom changed my life. I don't tweak out in public I don't dope out. My life is changed. Not just for me, but for my 4 kids. I now keep a job, take care of my kids, go to the gym 3 to 5 times a week. I'm able to continue working on the whys of addiction, you know why I was addicted in the first place and not be impaired. I even quit smoking pot 3 years ago and I am the happiest I have ever been. I think you should know that kratom is out here allowing people to have a normal life. Pure unadulterated kratom is a great thing and it should be available for all humans. It's changed my life.