## **Rhode Island Chapter**

INCORPORATED IN RHODE ISLAND

## American Academy of Pediatrics

Testimony opposing House Bill 5329 House Committee on Corporations February 25, 2025

Dear Chairperson Solomon and Members of the Committee,

The Rhode Island Chapter of the American Academy of Pediatrics **opposes 5329**, which exempts vape shops from the prohibited sale of flavored electronic cigarettes.

Tobacco products, including electronic nicotine delivery systems, contain dangerous chemicals and toxins. Tobacco use continues to be the most common cause of preventable disease and death in the United States, and nearly all tobacco use begins during adolescence and young adulthood. Flavored e-cigarettes not only contain nicotine, a highly addictive drug that can have damaging effects on adolescent brain development, but also chemical flavorings, some of which are known to cause serious lung disease, and other harmful substances.

Most youth who use tobacco products, including electronic nicotine delivery systems, say they use "because they come in flavors I like." <sup>2</sup> Flavored tobacco products are designed to appeal to kids. Kid-friendly flavors like cotton candy, strawberry, and mint mask the taste of tobacco, making it easier for young people to start use. In fact, most youth initiate tobacco use with a flavored product. <sup>3</sup> In Rhode Island, 16.5% of high school students report current use of e-cigarettes. <sup>4</sup> Of those students, 94% report using a flavored product. <sup>4</sup>

As a pediatrician, I hear from my patients about their struggles with e-cigarettes and other tobacco products almost every day. One 16-year-old explained that his vaping had "gotten out of control" and was pleading for help to quit. When I asked a 13-year-old why he was vaping with friends at his middle school, he explained that he liked the flavors saying, "I have a sweet tooth".

Flavor bans are effective in combatting use among teens. After the 2020 state regulation restricting the sale of flavored e-cigarettes went into effect, one 17-year-old former e-cigarette user explained, "I did not plan to quit but now that I can't get the flavors I like, I stopped." Preventing tobacco product use among youth is critical to ending the tobacco epidemic and the downstream impacts on our health. We must take action to protect youth by prohibiting the sale of flavored tobacco products and not allowing the exemption of vape shops from this rule. We urge you to oppose H5329.

Sincerely,

Allison Heinly, MD, FAAP Board of Directors

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<sup>&</sup>lt;sup>1</sup> Center for Disease Control and Prevention, https://www.cdc.gov/tobacco/php/data-statistics/youth-data-tobacco/?CDC\_AAref\_Val=https://www.cdc.gov/tobacco/data\_statistics/fact\_sheets/youth\_data/tobacco\_use/index.htm

<sup>&</sup>lt;sup>2</sup> Ambrose, BK, et al., "Flavored Tobacco Product Use Among US Youth Aged 12-17 Years, 2013-2014," Journal of the American Medical Association, published online October 26, 2015; Tsai J, et al. Reasons for Electronic Cigarette Use Among Middle and High School Students - National Youth Tobacco Survey, United States, 2016. MMWR Morb Mortal Wkly Rep. 2018 Feb 16;67(6):196-200.

<sup>&</sup>lt;sup>3</sup> Abrose et al; Tsai et al.

<sup>&</sup>lt;sup>4</sup> Rhode Island Department of Health, Center for Health Data and Analysis, Youth Behavior Risk Survey, 2023.