

## Chris O'Brien

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**From:** Josie Spicola <nonnamia814@icloud.com>  
**Sent:** Tuesday, March 4, 2025 2:00 PM  
**To:** House Finance Committee  
**Subject:** Proper Staffing of RI Nursing Homes

Good Afternoon,

Please properly staff RI nursing homes!! It's time RI stop treating the disabled and the elderly of RI like yesterday's trash.

Their treatment within nursing homes is terrible. Not enough staff to regularly toilet residents, residents are being forced to defecate and urinate in their pants within their beds and chairs, then forced to sit in it for hours, before staff can change them. This leads to UTI's and ulcerated wounds. Staff is unable to regularly shower residents or even change their linens regularly. The food being served is often a guessing game, unable to even determine, what they are actually being served. There is usually no fresh produce or proteins being served.

Another interesting fact is that the number one cause of deaths in any nursing home is not from old age, it is instead caused from untreated UTI's and severe dehydration. Water serves no purpose to a nursing home resident when it is three feet away from them all day/night rendering the resident with dehydration. Dehydration then leads to renal failure which then leads to their death.

Please increase the quality and standard of living care within RI nursing homes.

Remember too, in your final chapter of life; chances are you or a loved one, perhaps your spouse will someday be a RI nursing home resident. Is today's treatment and standards acceptable to you or will they be in your time of need? I'm certain they are not!! For if changes are not made for the better now you will be in the same predicament years down the road. Your golden years will be here in a blink of an eye and sadly they will most likely include a nursing home. And that final chapter will leave you reside within a horrible existence, and you too will be left to defecate and urinate in your pants and you too will be humiliated and forced to sit in it until someone can stop in to clean and change you.

Please make a difference NOW!!

Thank you.

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