18 March 2024

[submitted electronically via: HouseHealthandHumanServices@rilegislature.gov]

The Honorable Susan Donovan Chair, House Committee on Health & Human Services
State House
82 Smith Street, Room 101
Providence, RI 02903

RE: (McGaw)- AN ACT RELATING TO INSURANCE -- ACCIDENT AND SICKNESS INSURANCE POLICIES

Dear Chair Donovan and members of the Committee:

Thank you for taking the opportunity to consider this bill to provide 2 glucagon auto-injectors annually at no-cost to patients with diabetes. As you know there is a bill, H7364 (Kennedy), to cap the cost of diabetes glucose and insulin monitoring/delivery devices. An important discussion out of that hearing was reducing unintended consequences of hypoglycemia (low blood glucose), which if left untreated can lead to cardiovascular seizure, coma and even death.

Glucagon, which is a hormone to help treat hypoglycemia, is expensive, short shelf-life, but needed for patients who cannot consume oral glucose, unconscious, or currently using insulin. The American Diabetes Association Standards of Care (ADA) – 2024, emphasize achieving glycemic control, but also minimizing hypoglycemia and suggest alternative methods of achieving targets with novel agents. Given that GLP-1 injectable therapies are not routinely covered without a Prior Authorization or high-copay, patients with T2DM often resort to insulin or other meds which have a high risk of hypoglycemia. Patients with Type 1 DM, have no choice, but to administer insulin to live.. and risking hypoglycemia every day.

The ADA States: "Glucagon should be prescribed for all individuals taking insulin or at high risk for hypoglycemia. Family, caregivers, school personnel, and others providing support to these individuals should know its location and be educated on how to administer it. Glucagon preparations that do not have to be reconstituted are preferred"

Glucagon for patients with diabetes can be thought of in a similar light as to how we use naloxone, or EpiPen for emergency situations. Last year, the General Assembly passed a bill to cover 2 EpiPens once a year, and feel this bill accomplishes a similar goal.

Allowing for 2 auto-injectors of glucagon, would allow a patient, friend, or family member from having to choose between keeping an extra lifesaving medication on hand. Hypoglycemia can also be detrimental for others around a patient. Imagine a patient does not recognize the symptoms of low blood glucose, which is common, and worsens with age, gets into a car, drives, and causes an accident... this can impact others negatively and the cost far outweighs the benefit to a patient and the public.

As a clinical pharmacist working with patients with diabetes and living with my own brother who has lived with Type 1 Diabetes for over 30 years, patients will commonly defer purchasing a glucagon due to cost. Auto-injectors are preferred to use due to ease of use, especially since the person administering the medication, is usually not the patient.

Stated earlier, the shelf life of glucagon (a hormone), is much less than traditional medications, and temperature sensitive, requiring replacement at least once yearly. This means, if a patient experiences 1 event, they are required to spend hundreds of dollars to prevent something which is much worse to the health system.

As a healthcare provider, and person who has needed to administer this medication several times in their lifetime to a family member, I thank Rep. McGaw for introducing this piece of legislation. Please let me know if I can help in any way.

Chris Federico PharmD, BCACP, CDOE, CVDOE President, Rhode Island Pharmacist Association