

Roberta DiMezza

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As we age, many of us do not want to be kept alive beyond our desires, no matter what "directives" we have. The ability to die with dignity, at our own time, allows us to be in charge of our lives - to have "agency", as they say. I know many people who are stockpiling pills to make this possible, but again, there is no dignity in that. No one has to take the route of physician assisted suicide, but my decision is mine alone and does not hurt anyone else. Allow us all the option of choice. Ruth Breindel