LINKS

California -State

<u>Chattanooga State Community College</u> -College

Maryland -State

Cleveland Ohio Non-Profit -Non Profit

Clark County Washington State -City

Kansas City -City

Philadelphia -City

Las Vegas -City

Rhode Island -State

Free Learning Organization -Non Profit

Federal Senior Help -Department of Homeland Security

Nebraska -State

Informative Links

Optimizing Tech for Older Adults

How Tech can Help the Elderly

Benefits for Technology for Seniors

FAQ

Why do senior citizens need computers in their daily life?

One of the websites listed above lists six ways that senior citizens can utilize computers:

- 1. Socialization between friends and family
- 2. Access to beneficial information
- 3. Managing of health devices and Telehealth visits
- 4. Streaming and entertainment
- 5. Convenience and streamlining of daily tasks
- 6. The building and stimulation of memory and cognitive functions

What do we need to plan on for this issue

The Linked in website lists some challenges that can occur:

- 1. Lack of technological experience
- 2. Changes to the body occurring from aging
- 3. Natural cognitive impairment

Another website called CareVision lists some more issues that arise:

- 1. Keeping up with the change and advancement of technology
- 2. The amount of overwhelming information
- 3. The needing for assistance with using the technology

Are they prepared?

Each institution, state, city, and etcetera prepares for dealing with teaching senior citizens digital literacy in different ways. Some of the ways that they prepare are included below.

- <u>California</u> uses volunteers and a third party group called <u>cyber seniors</u>. There is a program called <u>AAT</u> (Access to Technology) for seniors and people with disabilities. They also have a list of free resources
- 2. <u>Maryland</u> has the department of education employ a High School class showing seniors how to use technology. The curriculum states "Many senior citizens need assistance in

- acquiring basic computer skills. High school students have the ability and knowledge to teach their elders those skills."
- 3. Rhode Island has a program called DigiAGE that uses the quote "Through a partnership of industry, government, and community, digiAGE aims to bridge this digital divide for older adults". They include plenty of training programs listed on that site as well.
- 4. <u>Nebraska</u> has partnered with a group called <u>GetSetUp</u> which provides free online courses and videos on how to use devices and elaborating on using different features within those devices.